



Deepsikha's E-News April 2025 to June 2025

“ONLY A LIFE LIVED FOR OTHERS IS A LIFE WORTHWILE”

*Visit to Gail India, CBD, Belapur
meeting with DGM HR
Department.*



*Liaison Officer Mr Bhargav Pratim
Saikia, ACS presenting Gamucha to Parul
Negi-Vice President Resource
Mobilization.*



*Visit to Iskcon
Temple
Khargahar,
offering prayers
for the wellbeing
of cancer
patients.*



Bhairavi Das patient underwent successful Bone Marrow Transplant under the expertise of our patron Dr Tapan Saikia at Jaslok Hospital.



Birthday celebration of our brave & beautiful Chandrasmita.



Welcome to Bhairavi Das on return to Assam Bhawan, Vashi by Mr Bhargav Pratim Saikia, ACS and Dhrubajyoti Sharma.



Bihu Celebration, Fun, Happy moments for ALL.



Interaction with patients in Dormitories.

Ranjeeta patient declared cancer free after a long roller coaster struggle. She expressed her gratitude to Seth Bhojraj Hassomal Charitable Trust and Karuna Charitable Trust. Total beneficiaries availing Free accommodation in dormitories around 10,000 (patients and attendants)

Free stay along with her husband as attendant and free transport to Tata Memorial Hospital to & fro all 7 months helped her reach the stage where her joy knew no limit.



OPPO F23 5G
27 May 2025 at 12:01 pm

World No Tobacco Day celebration 31st May 2025

TOBACCO
A SLOW POISON THAT STEALS YOUR BREATH!

**IGNITE YOUR INNER STRENGTH,
EXTINGUISH TOBACCO!**

WHAT'S IN A CIGARETTE?

ACETONE (Nail polish remover) It dissolves...		HYDROGEN CYANIDE (Gas chamber poison) Induces cardiac arrest cells using oxygen.
AMMONIA (Hair cleaner) Used as a preservative to block the absorption of nicotine from tobacco, turning it into pure nicotine instead.		MERCURY Inhibits heart rate.
ARSENIC (Rat poison)	METHANE Chemical fumes from pipes and ovens.	METHANOL Found in antifreeze that results in blindness due to the destruction of the optic nerve.
BUTANE GAS (Flame additive) A colorless, odorless, non-toxic gas used as a solvent in fuel and in chemical manufacturing, and contained in cigarette tins to help a smoker's lighter and is associated with leukemia.	COCAINE & SWEETENERS	NETRYLAMINE Found in laundry detergents.
BUTANE GAS Produced in the tobacco industry, also used in heating.	Added to make the taste of tobacco, allowing smokers to inhale more deeply into the lungs, and used as a preservative for children and babies by their parents as a cigarette, then getting hooked, gets in children's system after their first cigarette.	Nicotine (Parasiticide/Insecticide drug) One of the most addictive, powerful and fast acting medical and non-medical poisons. Its addictive qualities are similar to those of opiates, heroin and cocaine...
CADMIUM Highly toxic, can cause kidney and lung problems, birth defects and also skin cancer when inhaled. It is also known to cause cancer in animal models.	FORMALDEHYDE (Preservative) Chemicals, known to cause cancer, respiratory, skin and gastrointestinal problems.	The withdrawal is comparable to those of hard drug abuse... Nicotine causes blood vessel constriction which increases heart rate and blood pressure. Nicotine and smoke chemicals damage airways and enhance the likelihood of a heart attack or stroke.
CARBON MONOXIDE (CO) (Car Exhaust fumes) A colorless, odorless and poisonous gas. It is the same gas that comes out of car exhausts and the same gas in cigarette smoke. It affects the oxygen carrying capacity in blood. Heavy smokers may have oxygen carrying power of their blood as low as 10-15% of normal. It enters bloodstream into tissues, skin and body tissues of organs, like the heart, liver, harder than time, it keeps swelling and not lets the lungs expand.		POLONIUM-210 A radioactive element used in power stations and in a known human carcinogen.
		TOLUENE A chemical found in explosives.
		TAR A brown sticky liquid, a byproduct of smoking, sticks to the inside of the mouth and throat.

There are 4000 chemicals in cigarettes

EVERY PART OF THE BODY CAN BE AFFECTED BY SMOKING

HDFC Asset Management Company Ltd has continued its CSR support towards maintenance of 2 AC Buses plying daily to Tata Memorial Hospital (Parel) from Assam Bhawan, Vashi and Koparkhairane, Navi Mumbai.

*Deepsikha is grateful for the magnanimous support for past 3 years which enable FREE transport to & fro in a comfortable ambience for patients and attendants. Total beneficiaries till March 31st, 2025 is **41,661***



Galaxy Surfactants Ltd continues its CSR support towards medical aid for cancer patients treated at Tata Memorial Hospital for the financial year 2025-26.

Yoga Day celebration Survivor Day..

